Bachelor of ACUPUNCTURE Program

學士學位針灸課程

The Bachelor of Acupuncture program is a postgraduate program that will lead to a Bachelor of Acupuncture issued by the Jiang Xi Institute of Traditional Chinese Medicine and the Chinese State Ministry of Education. This has been made possible through cooperation between the Jiang Xi Institute of TCM, at the university in Nanchang China and Akupunkturakademin and the Swedish TCM-College in Sweden.

Until now Bachelor of Acupuncture has only been attained after five years of full time studies in China and in the Chinese language. Bachelor of Acupuncture is the level of education most TCM doctors have in China (a minor number go further for their masters- and doctor’s degrees). In some Chinese universities the same level of education is called Bachelor of TCM. After completing the Bachelor of Acupuncture program one can study further both for masters- and doctor’s degrees. This program will be held in English, for two years and the major part will take place in your own home or office, except for three weeks in Sweden at the end of the first year and ten weeks of clinical herbal training in China, during the second year. We plan to start a new class every year, in order to make it possible for all dedicated to TCM to attain a high level of TCM education.

The Bachelor of Acupuncture at Jiang Xi Institute consists of both acupuncture science as well as herbal science. The acupuncture science will mainly carried out in Europe, before starting the program, and the herbal science will be done during the two year bachelor program. The topics will mainly cover single herbs, prescriptions and diseases treated with Chinese herbs.

The Jiang Xi Institute of Traditional Chinese Medicine (TCM) located in Nanchang, the capital city of the Jing Xi province, is a higher learning institute of TCM sciences and pharmacology. The institute is authorised to grant bachelor and masters degree and accept doctor’s degree students. It has also been designated by the State Ministry of Education as one of the higher learning universities eligible for accepting overseas students.

Due to conditions beyond our control, commence of the next class have to be postponed until September 2005. As for previous knowledge in TCM and western medicine, they remain the same. The curriculum will be changed a bit, but will mainly remain as been described in the following text. The new and complete curriculum will be published in the autumn 2004.

APPLICATION

Admission requirements: previous TCM-acupuncture education in an acupuncture school that is qualified by a European Acupuncture Society. You should have completed your acupuncture studies and western medical training. See separate heading for western medical curricula and acupuncture curricula.

Application procedures and requirements:
- Fill in the application form
- Copy of diploma in acupuncture and acupuncture curriculum.
- Copy of diploma in western medicine and western medicine curriculum.
- Curriculum Vitae (*your personal history, education, family situation etc).
- Registration fee 100 US$ to Swedish TCM-College, bank account 8166 9 739 186 931 Swift code: SWEDSESS. Swedbank S135 Stockholm, Sweden.

The annual fee will be about 3000 US$ (we know the exact sum in the autumn 2004) which includes everything except literature, travel and living costs. When your application has been approved we will send you an invoice. The registration fee and annual fees are not refundable.

For more information please contact:

Akupunkturakademin
Mr. Jan Lindborg
Kloster 209
S-776 98 Carpenberg
Sweden
Tel/fax:46-225-23025

Swedish TCM-College
Mr. Reijo Pöyhönen
Hökviken 13
S-790 25 Linghed
Sweden
Tel:46-246-22135
SUMMARY OF BACHELOR OF ACUPUNCTURE PROGRAM

The curriculum consists of ten major topics: I. Chinese materia medica, II. Diagnostics of TCM, III. Prescriptions of TCM, IV. Internal medicine of TCM, V. Gynaecology and obstetrics, VI. Paediatrics, VII. Ophthalmology, VIII. Surgery of TCM, IX. Orthopedics-Traumatology of TCM and X. Otorhinolaryngology. Covering a total of 135 single herbs, 130 prescriptions and 235 diseases in all.


ACUPUNCTURE TRAINING
Acupuncture training before entering the Bachelor of Acupuncture program, should cover the following topics and a minimum of the indicated studying hours.

I. Historical and philosophical background in TCM 15 lecturing hours
1.1. Introduction to Chinese medicine
1.2. History
1.3. Yin och yang

II. Meridian system - jingluo 30 lecturing hours
2.1. The meridian system
2.1.1. Twelve- jing mai
2.1.2. Twelve - jing bie
2.1.3. Twelve - jing jin
2.1.4. Eight extraordinary meridians
2.1.5. Fifteen luo, xu li och bao mai

III. Five elements - wu xing 10 lecturing hours
3.1. The concept of wu xing
3.2. Application of wu xing in Chinese medicine
IV. Diagnostical methods 60 lecturing hours
4.1. Eight diagnostic rules
4.2. Four examination methods
4.3. Aetiology

V. Physiology and pathology of zang-fu, qi and blood 100 lecturing hours
5.1. Physiology and differentiation of qi, blood and body fluids
5.2. Physiology and differentiation of zang and fu
5.3. Physiology and differentiation of several zang and fu at the same time
5.4. Differentiation of pathogen qi

VI. Acupuncture points 113 lecturing hours
6.1. 205 acupuncture points that should be mastered: Name and Chinese pronunciation, number, localisation and local anatomy. Main functions, main indications. Needle technique and directions. Contraindications. Point groups. Methods for selecting points. See complete list. NB! On these 205 points, there will be a separate examination during the first year. All of the points don’t have to be mastered before entering the program. About 130 of the most commonly used points should be mastered prior to entering the program.

VII. Treatments strategies 20 lecturing hours
7.1. Acupuncture treatment strategies
7.2. Introduction to treatment strategies from the shang han lun, wen bing san jiao

VIII. Practical application of acupuncture 55 lecturing hours
8.1. Needle handling
8.2. Moxa
8.3. Cupping
8.4. Needle hammer and bleeding technique
8.5. Ear acupuncture
8.6. Scalp acupuncture
8.7. Electro acupuncture
8.7. The neurobiological basis
8.8. Introduction to Chinese herbal medicine, tuina, qi gong, tai ji quan and dietetics.

IX. Treatment of common symptoms and diseases 40 lecturing hours
9.1. Differentiation and treatment of common symptoms and diseases, with needles, moxa, and cupping.

X. Miscellaneous, journals, laws etc. 7 lecturing hours
XI. Thesis
A minor thesis should be written, covering a number of treatments or a topic made by the student during the course.
450 lecturing hours and an additional 150 hours of clinical practice make up a total of 600 studying hours.

ACUPUNCTURE POINTS
- There are 205 acupuncture points that should be mastered.
- Name and Chinese pronunciation
- Number
- Localisation and local anatomy
- Main functions
- Main indications
- Needle technique and directions
• Contraindications
An audiotape with the pronunciation of the point names will be sent when application has been accepted.

THE LUNG CHANNEL OF HAND-TAIYIN
Zhongfu (Lu. 1)
Chize (Lu. 5)
Kongzui (Lu. 6)
Lieque (Lu. 7)
Taiyuan (Lu. 9)
Yuji (Lu. 10)
Shaoshang (Lu. 11)

THE LARGE INTESTINE CHANNEL OF HAND-YANGMING
Shangyang (L.I. 1)
Sanjian (L.I. 3)
Hegu (L.I. 4)
Pianli (L.I. 6)
Shousanli (L.I. 10)
Quchi (L.I. 11)
Hand-Wuli (L.I. 13)
Binao (L.I. 14)
Jianyu (L.I. 15)
Yingxiang (L.I. 20)

THE STOMACH CHANNEL OF FOOT-YANGMING
Chengqi (St. 1)
Sibai (St. 2)
Dicang (St. 4)
Jiache (St. 6)
Xiaguan (St. 7)
Touwei (St. 8)
Renying (St. 9)
Liangmen (St. 21)
Tianshu (St. 25)
Shuidao (St. 28)
Guilai (St. 29)
Biguan (St. 31)
Femur-Futu (St. 32)
Liangqiu (St. 34)
Dub (St. 35)
Zusanli (St. 36)
Shangjuxu (St. 37)
Tiaokou (St. 38)
Xiajuxu (St. 39)
Fenglong (St. 40)
Jiezi (St. 41)
Xiang (St. 43)
Neiting (St. 44)
Lidui (St. 45)

THE SPLEEN CHANNEL OF FOOT-TAIYIN
Yinbai (Sp. 1)
Taibai (Sp. 3)
Gongsun (Sp. 4)
Shangqiu (Sp. 5)
Sanyinjiao (Sp. 6)
Diji (Sp. 8)
Yinlingquan (Sp. 9)
Xuehai (Sp. 10)
Daheng (Sp. 15)

**THE HEART CHANNEL OF HAND-SHAOYIN**
(Common abbreviations H - He -Ht)
Jiquan (Ht 1)
Shaohai (Ht 3)
Tongli (Ht 5)
Yinxi (Ht 6)
Shenmen (Ht 7)
Shaochong (Ht 9)

**THE SMALL INTESTINE CHANNEL OF HAND-TAIYANG**
Shaoze (S.I. 1)
Houxi (S.I. 3)
Yanglao (S.I. 6)
Zhizheng (S.I. 7)
Xiaohai (S.I. 8)
Jianzhen (S.I. 9)
Naoshu (S.I. 10)
Tianzong (S.I. 11)
Bingfeng (S.I. 12)
Jianwaishu (S.I. 14)
Jianzhongshu (S.I. 15)
Quanliao (S.I. 18)
Tinggong (S.I. 19)

**THE URINARY BLADDER CHANNEL OF FOOT-TAIYANG**
Jingming (Bl 1)
Zanzhu (Bl 2)
Tongtian (Bl 7)
Yuzhen (Bl 9)
Tianzhu (Bl 10)
Dashu (Bl 11)
Fengmen (Bl 12)
Feishu (Bl 13)
Jueyinshu (Bl 14)
Xinshu (Bl 15)
Dushu (Bl 16)
Geshu (Bl 17)
Ganshu (Bl 18)
Danshu (Bl 19)
Pishu (Bl 20)
Weishu (Bl 21)
Sanjiaoshu (Bl 22)
Shenshu (Bl 23)
Qihaishu (Bl 24)
Dachangshu (Bl 25)
Guanyuanshu (Bl 26)
Xiaochangshu (Bl 27)
Pangguangshu (Bl 28)
Zhongliushu (Bl 29)
Baihuanshu (Bl 30)
Shangliu (Bl 31)
Ciliao (Bl 32)
Zhongliao (Bl 33)
Xialiao (Bl 34)
Chengfu (Bl 36)
Yinmen (Bl 37)
Weiyang (Bl 39)
Weizhong (Bl 40)
Gaohuangshu (Bl 43)
Zhishi (Bl 52)
Bao Huang (Bl 53)
Zhibian (Bl 54)
Chengshan (Bl 57)
Kunlun (Bl 60)
Shenmai (Bl 62)
Zhiyin (Bl 67)

THE KIDNEY CHANNEL OF FOOT-SHAOYIN
Yongquan (K. 1)
Rangu (K. 2)
Taixi (K. 3)
Zhaohai (K. 6)
Fuliu (K. 7)
Dahe (K. 12)

THE PERICARDIUM CHANNEL OF HAND-JUEYIN
(Common abbreviations P - Pc)
Quze (P. 3)
Jianshi (P. 5)
Neiguan (P. 6)
Daling (P. 7)
Laogong (P. 8)
Zhongchong (P. 9)

THE SANJIAO CHANNEL OF HAND-SHAOYANG
(Common abbreviations Te - SJ)
Guanchong (Te 1)
Yemen (Te 2)
Hand-Zhongzhu (Te 3)
Yangchi (Te 4)
Waiguan (Te 5)
Zhigou (Te 6)
Tianjing (Te 10)
Naohui (Te 13)
Jianliao (Te 14)
Tianliao (Te 15)
Tianyou (Te 16)
Yifeng (Te 17)
Ermen (Te 21)
Sizhukong (Te 23)

THE GALL BLADDER CHANNEL OF FOOT-SHAOYANG
Tongziliao (G.B. 1)
Tinghui (G.B. 2)
Shangguan (G.B. 3)
Shuaigu (G.B. 8)
Yangbai (G.B. 14)
THE LIVER CHANNEL OF FOOT-JUEYIN
(Common abbreviations Liv - Lr)
Xingjian (Lr 2)
Taichong (Lr 3)
Zhongfeng (Lr 4)
Ququan (Lr 8)
Zhangmen (Lr 13)
Qimen (Lr 14)

THE DU CHANNEL
(Common abbreviations Du - Gv)
Changqiang (Du 1)
Yaoshu (Du 2)
Yaoyangguan (Du 3)
Mingmen (Du 4)
Zhiyang (Du 9)
Taodao (Du 13)
Dazhui (Du 14)
Yamen (Du 15)
Fengfu (Du 16)
Naohu (Du 17)
Baihui (Du 20)
Shangxing (Du 23)
Shenting (Du 24)
Suliao (Du 25)
Renzhong (Du 26)

THE REN CHANNEL
(Common abbreviations Ren - Cv)
Huiyin (Ren 1)
Zhongji (Ren 3)
Guanyuan (Ren 4)
Shimen (Ren 5)
Qihai (Ren 6)
Shenque (Ren 8)
Shuifen (Ren 9)
Xiawan (Ren 10)
Jianli (Ren 11)
Zhongwan (Ren 12)
Shangwan (Ren 13)
Jiuwei (Ren 15)
Shanzhong (Ren 17)
Tiantu (Ren 22)
Lianquan (Ren 23)
Chengjiang, (Ren 24)

**APPENDIX: EXTRAORDINARY POINTS**
Yintang, Taiyang, Sishencong, Dingchuan, Huatuo Jiaji, Shiqizhui, Jianqian, Sifeng, Shixuan, Baxie, Xiyan, Lanwei, Bafeng.

**WESTERN MEDICAL TRAINING**
Western medical training before entering the Bachelor of Acupuncture program has to cover the following topics with a minimum of lecturing hours indicated.

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<th>Topic</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Topographic anatomy*</td>
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<td>Western examination techniques**</td>
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<td>Microbiology, cell biology and general pathology*</td>
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<td>Blood and fluid balance*</td>
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<td>Biochemistry and nutrition</td>
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<td>5</td>
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<tr>
<td>Environmental medicine</td>
<td>5</td>
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</tbody>
</table>

* Indicate that anatomy, physiology and pathology are included in the studies.
** That covers among other things, anamnesis, heart-lung, neurological and abdominal status.
We emphasize that one should have western medical training high enough to be able to make a western medical assessment. The applicant could update him/herself during the course if some topic is missing. Usually people are missing western medical examination techniques, which we consider especially important when making a western medical assessment. For the Swedish students that are missing this topic (klinisk propedeutik) we can arrange a separate course.
APPLICATION FORM FOR
BACHELOR OF ACUPUNCTURE
JIANGXI COLLEGE OF TRADITIONAL CHINESE MEDICINE
Name................................................................. Foto
Address........................................................................
City............................................................................
Sex.............................................................................
Date of birth............................................................
Nationality..............................................................
Telephone....................................................................
Fax..............................................................................
E-mail.........................................................................
Profession, education and employment (in English)
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Health status...................................................................................
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Date of application..........................................................................
Signature.....................................................................................